



## 2025 ADULT INTENSIVE PROGRAM

Schedule subject to change

### FULL SCHEDULE

Tuesday, May 27<sup>th</sup> from 4:00-8:30PM  
Wednesday, May 28<sup>th</sup> from 4:00-8:30PM  
Thursday, May 29<sup>th</sup> from 4:00-8:30PM  
Friday, May 30<sup>th</sup> from 9:00-4:00PM  
Saturday, May 31<sup>st</sup> from 9:00-3:30PM

### SAMPLE DAILY SCHEDULE\*\*

Tuesday-Thursday

- 4:00-6:15PM – Ballet Technique
- 6:30-7:30PM – Variations
- 7:30-8:30PM – Auxiliary Class\*
  - \*Auxiliary class may include: Contemporary, Musical Theater, Jazz, Pilates, Yoga, Yamuna Body Rolling

Friday

- 9:00-9:45AM – Health & Wellness Class\*
  - \*Health & Wellness classes may include: Pilates, Body Conditioning, Gyrotonics, Yoga
- 10:00-11:45AM – Ballet Technique
- 12:00-1:00PM – Repertory
- 1:00-1:45PM – Lunch Break
- 1:45-2:45PM – Auxiliary
- 3:00-4:00PM – Yamuna Body Rolling/Health & Wellness Class
- **Exclusive *Behind the Scenes* Tour to follow Friday's classes**

Saturday

- 9:00-9:45AM – Health & Wellness Class
- 10:00-11:45AM – Ballet Technique
- 12:00-1:30PM – Repertory
- 1:30-2:30PM – Lunch Break
- 2:30-3:30PM – Auxiliary/Contemporary
- **5:30-6:30PM – Pre-show conversation with Houston Ballet artists**
- **7:30PM – Houston Ballet's *Raymonda* Performance**

\*\*Please note that exact schedules may vary day-to-day and are subject to change.

### Enrollment Options

#### Option 1:

May 27 – May 31, 2025  
Tuesday – Saturday (5-day)  
Tuition: \$550\*

#### Option 2:

May 30 – May 31, 2025  
Friday & Saturday (2-day)  
Tuition: \$350\*

*\*Includes the cost of 1 ticket to Houston Ballet's *Raymonda* on May 31<sup>st</sup>*